

My logo bridges **Jungian depth psychology, neuroscience, embodiment, and classical healing symbolism**.

- **Labyrinth** — an ancient image of descent, ordeal, orientation, and eventual return; psychologically, very close to individuation.
- **Brain / nervous system** — the pattern also reads as cortical folds or neural pathways, which quietly links it to your clinical work.
- **Centre and path** — unlike a maze, a classical labyrinth has one path inward and one path outward. Therapeutic meaning: healing is not about avoiding complexity but moving through it toward a centre.
- **Circle** — wholeness, containment, the Self.
- **Laurel/olive branches** — healing, peace, wisdom, restoration, classical/Greek.
- **Cross -** the journey inward through psyche and body toward a sacred centre.